

cassee

CREATING A SAFE SUPPORTIVE ENVIRONMENT

By changing minds, we are saving lives. It is this simple vision which guides our work every day.



The effects of intergenerational trauma on Aboriginal people in Australia – while deeply felt in Indigenous communities – are barely recognised or understood by most of the Australian population.

CASSE (Creating A Safe, Supportive Environment) is a not-for-profit organisation dedicated to changing minds, transforming and saving lives. We respond to psychological need in the world of trauma and ask Aboriginal people the simple question: How we can help? We collaborate with remote and marginalised Aboriginal communities in Central Australia and the Western Desert region who want to revive traditional cultural practices that reconnect people with their elders, community, culture and country.

Through the Men's Tjilirra Movement (MTM), we have the opportunity to build psychological capacity in remote communities to embed and share cultural knowledge, mentor community members, and develop and deliver culturally relevant training programs on suicide, violence and trauma. The MTM empowers communities to rekindle and build cultural knowledge through making traditional tools, leading to long-term sustainable outcomes for the whole community.

The Men's Tjilirra Movement is the answer for intergenerational trauma and achieving tools for living. There are NO other programs on communities which support community determined, cultural solutions led by the elders. CASSE has a unique opportunity to develop the MTM with the elders.

Your support for the MTM will enable us to deliver on our core business: collaborating with communities to open up hard conversations, understand trauma, break through violence and achieve social and emotional wellbeing.

CASSE's dedicated and passionate teams draw on professional backgrounds in clinical and forensic psychology, applied psychoanalysis and psychotherapy to inform their work in remote communities. CASSE has a culturally competent team on the ground delivering the MTM:

CASSE IS SEEKING:

- \$300,000 to fund four Aboriginal leaders to be mentored by the Program Manager. The men will be trained and mentored to learn the art of tjilirra, and the skills to transmit this cultural practice to the younger generation.
- \$50,000 to design and contribute to the delivery of an SROI analysis. We will research the intervention of responding to needs and provide the outcomes.
- \$30,000 funds to hold an exhibition of traditional tools.
- \$40,000 funds to further develop its transformative impact in the remote communities and develop culturally appropriate programs, materials and short You Tube clips to open up conversations and inform people on suicide, violence, trauma and tools for living.
- \$250,000 in funding for the organisation infrastructure to enable the ongoing work.

- **Martin Jugadai**, a ngangkari (traditional healer), is an original founder of MTM.
- **Jamie Millier Tjupurrula**, is an initiated man who was taught by Whiskey Tjapaltjarri to make the traditional tools.
- **Nathan Brown** is a cultural interpreter and fluent in Luritja.

Your support will change minds, save and transform lives.

■ Making tjilirra is special - it is the spirit of our grandfather inside you."
- Martin Jugadai, ngangkari (traditional healer)

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